



## **Bridge to Hope:**

### *An Education and Support Group for Families with a Loved One with an Eating Disorder*

**WHO:** The Eating Disorder Foundation of Newfoundland and Labrador is offering an education and support group for family members of persons living with an eating disorder.

**WHEN:** 1 evening per week for 8 weeks from 7:00 - 8:30 pm  
Beginning Tuesday, January 17, 2017.

**WHERE:** Eating Disorder Foundation of NL at **13 Pippy Place**  
(**2<sup>nd</sup> Floor - The Carnell Building**)

**\*\* Teleconference Available \*\***

**WHY:** To have an opportunity to meet with other families and friends, and with professionals who provide services to clients who have an eating disorder.

**HOW:** If you have any questions or would like to register please contact Patricia Nash at 722-0500 (Toll Free 1-855-722-0500) or email [patricia@edfnl.ca](mailto:patricia@edfnl.ca)

The sessions will be co-facilitated by:  
**Patricia Nash, M.Ed. (Counselling Psychology)**  
Co-Founder/Member of Parents of Hope

**Cathy Skinner, Program Coordinator**  
Co-Founder/Member of Parents of Hope

**BellAliant**

 **Let's Talk**

 **United Way**  
Newfoundland  
and Labrador  
Change starts here.  
[unitedwaynl.ca](http://unitedwaynl.ca)